

## IDEAS FOR LOCAL PEOPLE FIRST MEETINGS

This list was generated by the State People First Group. It is to serve as a guideline and suggestion list of possible projects that local groups can do to enhance their meetings.

1. Go out to Lunch
2. Table etiquette
  - a. How to pay a tip
  - b. Which fork is mine?
  - c. I don't know what to talk about
3. Door-to-door caroling at care centers
4. Dual partisan discussion on issue to be voted on. Invite people from both sides of the issue to talk about it to the group.
5. Learn more about government
6. Voting
7. Culture night
8. Party
9. School disability awareness (March)
10. Appropriate community behavior
11. Bake sale/car wash other fundraiser
12. Budgeting
13. How to use public transportation
  - a. How to catch a bus, Traxx or Frontrunner train
  - b. How to read a bus schedule
14. Phone tree
15. Nutrition
16. Hygiene
17. Adult protection ó how to tell someone if you have been hurt
18. Self-esteem
19. Start at acting group like the Credibility players/Don't laugh at me players
20. Emergency Preparedness
  - a. How to clean a wound
  - b. How to call 911
  - c. What to do in a fire
  - d. How to shelter in place
21. Recreation
22. How to use a cell phone
23. Self-defense
24. How to call 211 and what can they tell you?
25. Ways to volunteer in your community
26. Communication
27. Teach leadership
28. Activity planning
29. Introductions, "What's my line?"
30. Time management
31. Skill sharing
  - a. Someone in the group has a special skill. They can teach others in the group how to do that skill. For example weaving pot holders or knitting or painting/drawing.